

GP Information Sheet

Paediatric Clavicle Fracture

Dear Doctor,

Your patient has recently been referred to the Ipswich Hospital Fracture clinic.

They have sustained a fracture of their clavicle.

Treatment:

This type of injury is treated with a broad-arm sling. The child may start to take the sling off as pain allows.

The patient should be reviewed in 6 weeks. They should be out of the sling at this point.

Contact sports and activities should be avoided for a total of 6 - 12 weeks.

When to repeat X-Ray:

Paediatric clavicle fractures do not require a repeat x-ray unless the child is exquisitely tender over the fracture site at the 6-week mark.

Help and Troubleshooting:

We are happy to be contacted should you have any concerns.

Please call the Ipswich Hospital Switch on 3810 1111 and ask for the On-Call Orthopaedic Registrar.