

Cognitive Remediation Therapy



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Have you had difficulties keeping a job or returning to study?

Maybe Cognitive Remediation Therapy can help.

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About the program

Cognitive Rehabilitation Therapy (CRT) is a computer-based training program to help people with psychosis, schizophrenia or schizoaffective disorder improve their thinking skills.

CRT takes place in a group setting using a program that is personalised for each member of the group.

The overall aim of CRT is to improve your attention, memory, planning and organisational skills.

CRT meets twice per week over 10 weeks.

Contact us

CRT groups are held at:

- Ipswich Health Plaza
21 Bell Street, Ipswich
(paid parking available)
- Gailes Community Care Unit
6 Baker Street, Gailes
(free street parking available)

Ask your treating team about a referral.

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