

GP Information Sheet

TORUS 'BUCKLE' FRACTURE OF THE WRIST

Dear Doctor

Your patient has recently been referred to the Ipswich Hospital Fracture clinic.

They have sustained a buckle fracture of the wrist.

Treatment:

This type of fracture is treated with a splint or back-slab for 4 weeks.

The patient should be reviewed in 4 weeks. The splint may be removed if the fracture site is no longer tender to palpation at the 4-week mark.

Contact sports and activities should be avoided for a total of 8 weeks.

When to repeat X-Ray:

Buckle fractures do not require repeat x-rays unless the patient is exquisitely tender over the fracture site at the 4-week mark.

Help and Troubleshooting:

As always, we are happy to be contacted should you have any concerns.

Please call the Ipswich Hospital Switch on 3810 1111 and ask for the On-Call Orthopaedic Registrar.